

# SYLLABUS

## STEP UP AND LEAD

### EDMA 176

**Drake University  
School of Education  
Des Moines, Iowa**

1. Course Title: EDMA 176 Step Up and Lead  
Credit Hours: 1  
Author: Tom Keating

2. Course Description

This self-paced course is designed to assist coaches in developing strategies to foster positive, effective leadership skills in themselves as well as in the athletes they coach. Course materials have been designed to guide coaches in an exploration of the characteristics of leadership, the importance of leadership in team sports, the various types of leadership and the responsibilities of a leader. The course will also help coaches develop effective techniques to use to encourage appropriate leadership skills in their athletes. Students will complete readings and view video presentations from leading experts in the field and apply what they've learned to their own programs.

3. Course Objectives

After completing this course, students will be able to:

- Describe the eight responsibilities of team leadership.
- Identify the important advantages good leaders bring to a team.
- Use strategies designed to improve leadership skills with their athletes.
- Describe the leadership strengths and weaknesses of next season's team leaders.
- Implement strategies successful coaches use to meet the challenges of working with team captains.

4. Corresponding Content that will be Covered

Module One- Overview of Team Leadership  
Module Two- Developing Team Leaders  
Module Three- A Champion's Approach  
Module Four- Views and Insights

5. Method of Evaluation/Grading Criteria

You are encouraged to follow this sequence in using course materials:

1. Read the instructions for each module in this Study Guide, noting the learning objectives and the related questions at the end of each module;
2. View the corresponding videos and read the assigned text readings, taking detailed notes on each presentation;
3. Respond to the corresponding presentation and application questions in the Study Guide. You must word process your answers.

## **Modules 1-4**

### **Presentation responses**

The first series of questions in each module are based on the readings and video presentations. At the beginning of each module you will find a listing of the readings and video presentations upon which the presentation response questions will be based. The questions will require you to demonstrate the knowledge gained through the readings and DVDs.

### **Application exercises**

The second series of questions in each module are based on applying ideas to your specific coaching circumstances. These questions will require you to apply the knowledge obtained in each module to your personal experience as a coach and to your planning for a successful program.

### **Evaluation Criteria**

Our graders assess your work based on your ability to thoughtfully reflect on the presentations of Step Up and Lead and to apply those concepts to your specific needs and resources.

Points are awarded on your ability to:

- Respond with insight, clarity and precision (cite specific text/video passages)
- Respond in relevant illustrative detail (include specific, observable examples)
- Write competently at the graduate level (word-processed, proofread document)

## 6. Grading Scale

The four modules for EDMA 176 Step Up and Lead are worth a total of 100 points, based on your responses to the presentation responses and application exercises, for each of the four modules.

Your final letter grade corresponds with the following percentages of total points earned:

- A 90 – 100%
- B 80 - 89%
- C 70 - 79%
- D 60 - 69%
- F 59% and lower

7. Required Textbook

Janssen, Jeff. (2004). *Team Captain's Leadership Manual*. Cary, North Carolina: Winning the Mental Game.

8. Required Technology

For this video course, you will need access to a DVD player to view video presentations and a computer to word process all course assignments.

9. Accommodations for Students with Disabilities

If you have a disability and will require academic accommodations, please contact Chuck Sengstock (515-271-2184). Accommodations are coordinated through Student Disability Services. Michelle Laughlin, Director of Student Disability Services, may be contacted at (515) 271-1835 or [michelle.laughlin@drake.edu](mailto:michelle.laughlin@drake.edu).

10. Academic Honesty

The School of Education expects intellectual integrity on the part of undergraduate and graduate students who participate in professional preparation and enhancement programs offered by the School. As future practitioners, students of the Drake University School of Education must maintain high ethical standards and academic honesty. The complete Drake University School of Education Academic Honesty Policy may be found at:

[http://www.drake.edu/media/collegesschools/soe/documents/soe\\_governance\\_%209222015.pdf](http://www.drake.edu/media/collegesschools/soe/documents/soe_governance_%209222015.pdf)